



## Holistic Missionary Preparation

When a missionary or church is considering how to engage unreached people groups in long-term mission work, there are a lot of time, energy, money, and relationships at stake. Studies have shown that most of the time missionaries return early from the field, it is due to inadequate preparation or unhealthiness that wasn't discovered before they left.

Before missionaries launch, or before a church sends mission workers, it's important to be sure that they are emotionally, relationally, and spiritually healthy. Mission Resource Network (MRN) has a preparation process that begins with an assessment. The assessment is meant not to deter but to help those who are called by God to develop what they need to fulfill their calling. It's not to gauge if they are capable to do missionary work, but to be sure they can embody Christ in a healthy way in their marriage, family, finances, physical well-being, etc.

Our training offers a holistic approach to preparing missionaries for the field. MRN has a well-equipped team that can provide in-house preparation, training, and coaching. Due to our wide range of expert contacts, we can also connect you with outside expertise to ensure you receive the best preparation possible.

Here is an outline that describes our missionary training:

- A. Abiding
  - Self-awareness
  - Prayer
  - Spiritual disciplines
  - Mentoring relationship
- B. Disciple-making practice
  - Saturated prayer
  - Engaging lostness
  - Starting discovery groups
- C. Disciple-making movement (DMM) strategy
  - Biblical foundations
  - DMM 5 elements
  - Roles in movement
- D. Team formation and health
  - Seven elements of team health
  - Team commitments/agreements
  - Strategic plan
- E. Supporting church
  - Working agreement
  - Church/family workshop
  - Missionary care workshop

- F. Missiology
  - o Missio Dei
  - o Kingdom framework
- G. Cross-cultural capacity
  - o Culture and worldview
  - o Overview of the missionary lifecycle
  - o Safety training (Concilium)
- H. Resources framework and appropriately funded
  - o Funding training
  - o Developing budgets
  - o Role of money in missions
- I. Assessments
  - o Candidate Applicant Profile
  - o Quest (MRN team in person assessment)
  - o Resilience and marital satisfaction
  - o Survey trip

This thorough and comprehensive training helps support longevity and impact on the field. If you'd like to get more details for yourself or missionaries you plan to send, please contact us at [startthejourney@mrnet.org](mailto:startthejourney@mrnet.org) or visit [mrnet.org/start-the-journey](http://mrnet.org/start-the-journey).