



How Am I Maintaining Moral Purity?

Use the following scale to indicate your responses:
(1 = Rarely; 2 = Occasionally; 3 = Sometimes; 4 = Often; 5 = Nearly always)

- ___ 1. I am consciously aware of my vulnerability to sexual sin.
- ___ 2. I have definite standards of what I watch, listen to, and read, and I am careful to live by these standards.
- ___ 3. I am careful about how I touch people of the opposite sex.
- ___ 4. I meet with an accountability partner or partners regularly.
- ___ 5. My actions show that I am moral in whatever culture I'm in.
- ___ 6. When tempted to lust after someone, I "take captive" those thoughts and feelings so that I "obey Christ."
- ___ 7. I refrain from flirting.
- ___ 8. I refuse to be entertained by anything that offends God.
- ___ 9. If I feel attracted to someone, I am extremely careful to act in ways that will suppress emotional involvement on the part of both of us.
- ___ 10. If I must go to morally high-risk situations, I consciously recognize the risk before I go there, and I plan on steps to protect myself.
- ___ 11. When I become aware that I am on the slide toward immorality, I take immediate steps to move back toward purity.
- ___ 12. I dress in such a way as to demonstrate my commitment to morality, both to my culture and in other cultures.
- ___ 13. I do whatever I can to see that my legitimate emotional needs are met in godly, healthy ways.
- ___ 14. I meditate on scriptures that encourage me and strengthen me in maintaining moral purity.
- ___ 15. I maintain a love relationship with Christ that is so strong that engaging in any kind of immorality is abhorred.