



# Global Worker Care Update

## For Missionaries on Furlough/Home Assignment<sup>1</sup>

Name \_\_\_\_\_ Today's Date \_\_\_\_\_  
Email \_\_\_\_\_ Country of service \_\_\_\_\_  
Home Phone \_\_\_\_\_ Dates of service \_\_\_\_\_  
Home Address \_\_\_\_\_ Stewarding/sending church \_\_\_\_\_  
Dates of home assignment \_\_\_\_\_  
Where can you be reached stateside? \_\_\_\_\_  
Interview conducted by: \_\_\_\_\_

\* Rate the following items from 1 to 10, with 10 meaning exceptional or great, one meaning very poor or low, and 5 meaning in the middle or average.

### I. General

What are some of the defining incidents (positive or negative) that have shaped you since you have been on the field? Please explain. (Use back of sheet or attach sheet if necessary.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### II. Spiritual Welfare

Do you have daily prayer time? (Yes/No) Do you have daily Bible study? (Yes/No)  
What do you do for self-care? Please rate your relationship with the Lord. \_\_\_\_\*  
Please explain. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Continue on back of page or attach a page, if necessary.

### III. Physical Health

Average number of hours of sleep each night \_\_\_\_ Number of meals per day \_\_\_\_  
Do you exercise regularly? (Yes/No)  
List the main foods you eat \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

<sup>1</sup> The information supplied on this form will remain confidential unless mandated by law that information be reported, e.g., child/elder abuse or intention to do harm to self/others. *This form has been adapted with permission from Ben Walker, M.S., SIBI, AIM, Lubbock, Texas.*

Have you been ill? (Yes/No) How often? \_\_\_\_\_  
Please explain \_\_\_\_\_  
\_\_\_\_\_

#### IV. Field Adjustment

Rate your current overall adjustment on the field \_\_\_\_\*  
What has been the most difficult adjustment? \_\_\_\_\_  
\_\_\_\_\_

##### 1. To culture:

Rate your foreign language skills (if applicable) \_\_\_\_\*  
Rate your level of homesickness \_\_\_\_\*  
What do you miss most? \_\_\_\_\_  
\_\_\_\_\_

List major cultural challenge(s) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Every missionary has to deal with ongoing cultural stress. How would you rate the amount of stress you encounter daily? \_\_\_\_\*  
Explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

##### 2. To team:

Rate the overall relational closeness of your team \_\_\_\_\*  
Rate the overall effectiveness of your team \_\_\_\_\*  
Please explain your ratings: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has the team experienced conflict? (Yes/No) If yes, how has the conflict been addressed? If conflict has not been addressed what needs to happen in order for the conflict to be resolved?  
Explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**3. For single individuals only:**

Have you experienced periods of loneliness? (Yes/No)

If so, how would you rate your level of loneliness? \_\_\_\_\_\*

What kinds of things do you do when lonely? \_\_\_\_\_

Do you get enough alone time? (Yes/No)

If not, please explain \_\_\_\_\_

**4. For married individuals only:**

How many years have you been married? \_\_\_\_\_

How would you rate your level of marriage satisfaction? \_\_\_\_\_\*

Explain your rating \_\_\_\_\_

Has your rating of marriage satisfaction changed significantly since you entered the field? (Yes/No). Explain \_\_\_\_\_

Rate your level of satisfaction with your communication level in your marriage \_\_\_\_\_\*

Explain \_\_\_\_\_

How would you rate the level of conflict you experience in your marriage? \_\_\_\_\_\*

How have you addressed conflict, or does something need to happen to address conflict in your marriage?

Explain \_\_\_\_\_

Has conflict increased, decreased, or remained about the same in your marriage since you went to the field? (Increased/decreased/same)

Explain \_\_\_\_\_

How often do you and your spouse plan something enjoyable to do together without the children?

\_\_\_ Once a week \_\_\_ Once every two weeks \_\_\_ Once a month \_\_\_ Other

Explain \_\_\_\_\_

\_\_\_\_\_

When did you and your spouse last attend a marriage enrichment program? \_\_\_\_

**5. For parents only:**

How many children do you have? \_\_\_\_

What are the names and ages of your children? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do any of your children have any special needs? (Yes/No)

Explain \_\_\_\_\_

\_\_\_\_\_

How are you meeting or how do plan to meet the educational needs of your children?

\_\_\_\_\_

\_\_\_\_\_

Do you have concerns in the area of education? (Yes/No)

Explain \_\_\_\_\_

\_\_\_\_\_

Do you have parenting concerns? (Yes/No)

Explain \_\_\_\_\_

\_\_\_\_\_

How often do you plan family outings just for fun?

\_\_\_ Once a week \_\_\_ Once every two weeks \_\_\_ Once a month \_\_\_ Other

Explain \_\_\_\_\_

\_\_\_\_\_

How would you rate your parenting skills? \_\_\_\_\*

Would you like to attend a parenting seminar? (Yes/No)

**6. Other family issues:**

Rate the health of your father \_\_\_\_\*      mother \_\_\_\_\*  
Have any changes taken place that have caused you to be concerned?  
(Yes/No)  
Explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are your parents supportive of your ministry? (Yes/No)  
Please explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**V. Relationship with sponsoring/supporting congregation(s):**

How would you rate your relationship with your sponsoring/supporting congregation(s)? \_\_\_\_\*  
Please explain your rating \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Rate your congregation in the way it meets the following needs:\*

- \_\_\_\_\_ Financial support
- \_\_\_\_\_ Emotional support
- \_\_\_\_\_ Spiritual support
- \_\_\_\_\_ Communication
- \_\_\_\_\_ Educational opportunities (mission training, etc.)
- \_\_\_\_\_ Enrichment opportunities (Marriage Encounter, Parenting Seminars, etc.)
- \_\_\_\_\_ Health care

What would you like to see changed? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What would you not like to see changed? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Rate your satisfaction with your missions ministry. \_\_\_\_\*  
Explain your rating \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What would make this furlough a good one? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_